

HOW AI SAVED MY BACKSIDE! REAL WORLD EXAMPLES YOU CAN USE TOO

PRACTICAL USES OF ARTIFICIAL INTELLIGENCE

TODAY'S TOPICS

- WHY ARTIFICIAL INTELLIGENCE TODAY?
- 16 REAL-WORLD EXAMPLES OF HELP FROM AI,
TO INSPIRE YOU

WHY ARTIFICIAL INTELLIGENCE TODAY?

— High speed communications

≈ Big & specialised computers

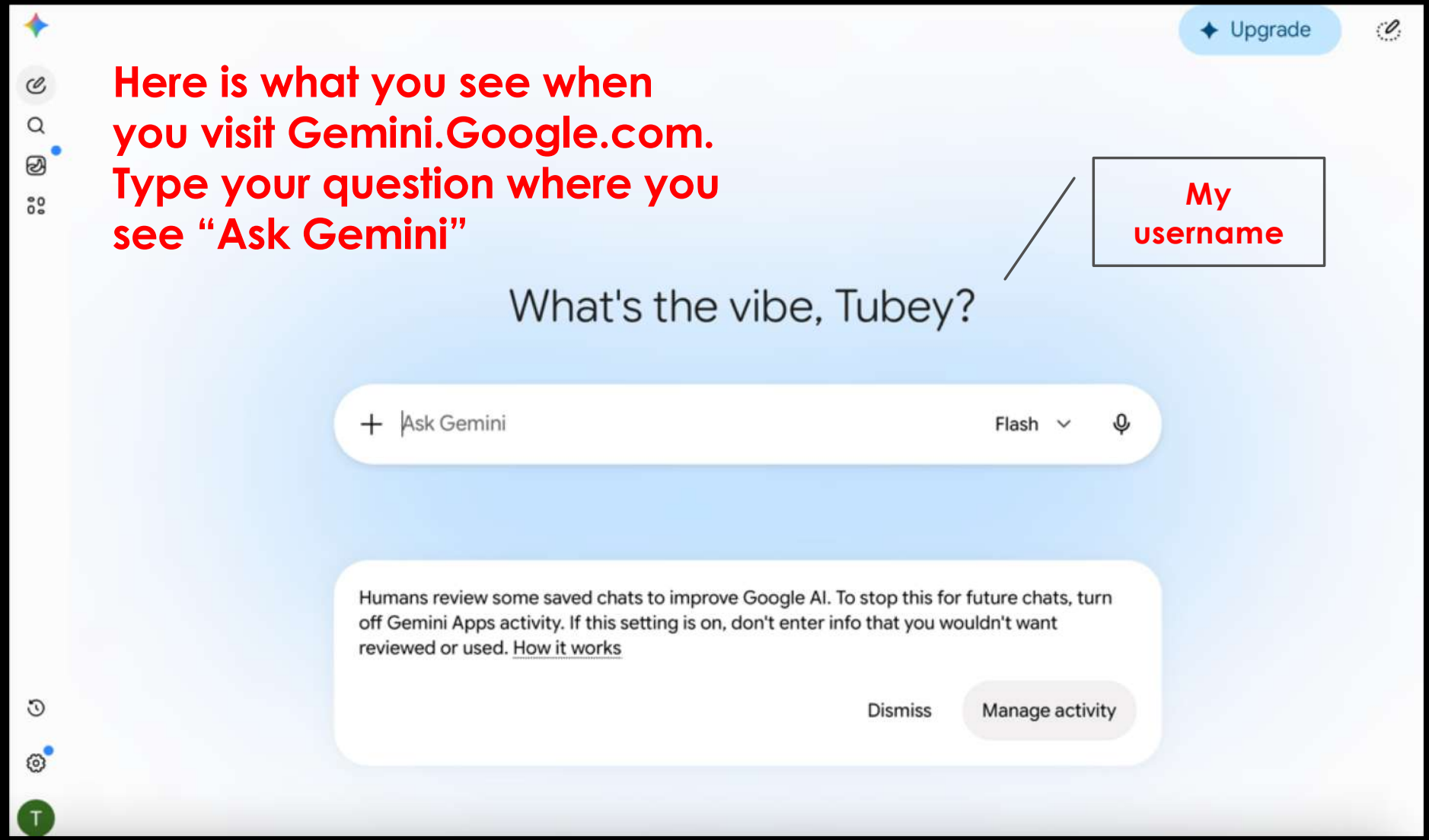
≈ Advertising (sadly)



WHICH AI SHOULD I USE?

- THEY ARE ALL GOOD: GEMINI, CHATGPT, GROK...
- BEFORE: REPORT. NOW: GENERATIVE AI
- BEFORE: QUESTION BY QUESTION. NOW: ITERATIVE
- U3A ANDY SUGGESTED GOOGLE GEMINI
 - AS AN APP
 - OR USE A BROWSER AT [GEMINI.GOOGLE.COM](https://gemini.google.com)

WHAT DOES GEMINI LOOK LIKE?



Here is what you see when you visit Gemini.Google.com. Type your question where you see "Ask Gemini"

My username

What's the vibe, Tubey?

+ Ask Gemini Flash [microphone icon]

Humans review some saved chats to improve Google AI. To stop this for future chats, turn off Gemini Apps activity. If this setting is on, don't enter info that you wouldn't want reviewed or used. [How it works](#)

Dismiss Manage activity

What's the vibe, Tubey?

+ Ask Gemini

Flash ▾



Humans review some saved chats to improve Google AI. To stop this for future chats, turn off Gemini Apps activity. If this setting is on, don't enter info that you wouldn't want reviewed or used. [How it works](#)

Dismiss

Manage activity

3.1 Flash-Lite

Fastest answers

New



3.5 Flash

All-around help

New

3.1 Pro

Advanced maths and code

Thinking level

Extended



Flash Extended



Click where it says "flash" to choose whether you want a quick answer or a more thoughtful answer. You can see the settings I recommend.

YOU CAN TYPE OR SPEAK YOUR QUESTION

- CAN ALSO UPLOAD YOUR FILES SO AI CAN WORK ON THEM FOR YOU. CLICK ON “+” TO DO THIS.

16 REAL-WORLD EXAMPLES TO INSPIRE YOU

1. **MAKE A PRESENTATION**
2. GARDENING
3. HOLIDAY ATTRACTIONS
4. REMOVING A SINK
5. TIME ZONE CLARIFICATION
6. PASSPORT REQUIREMENTS
7. RECIPES
8. COCKTAILS
9. PHONE NUMBERS
10. BARBECUE BAN?
11. TRIM A REPORT
12. MODIFY PHOTOS
13. DESIGN AN ITINERARY
14. IMPROVE EMAILS AND REPORTS
15. WHERE TO PARK A MOTORHOME
16. TRANSCRIBE VIDEO CALLS

GARDENING

- WHAT SHOULD I PLANT AT THE EDGE OF MY LAWN? IT IS SHADED BY A WALL. I LIVE IN HAMPSHIRE UK.

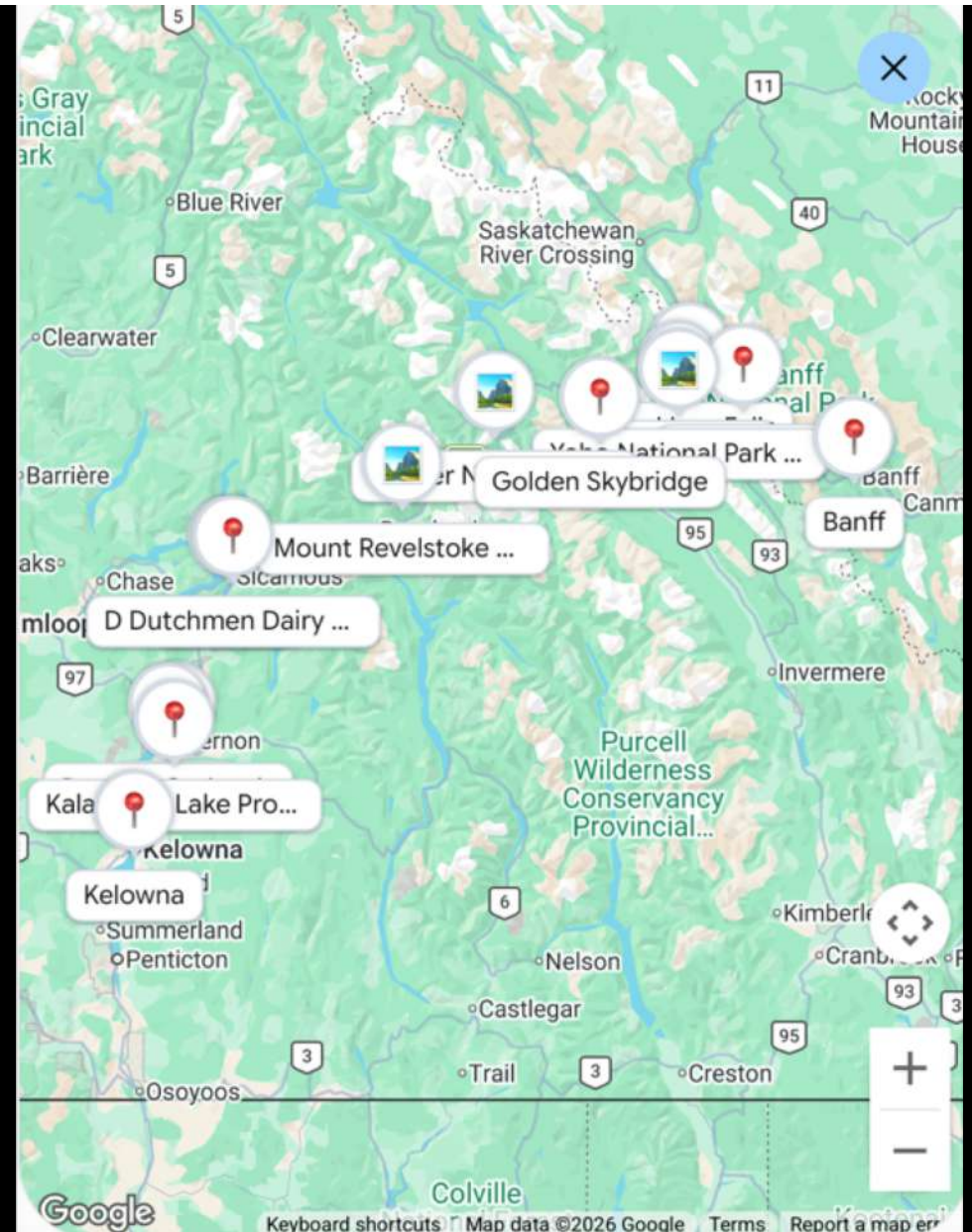
GARDENING

- PLANTING AT THE EDGE OF A LAWN NEXT TO A WALL MEANS DEALING WITH TWO CLASSIC UK GARDENING CHALLENGES: SHADE AND THE "RAIN SHADOW" EFFECT, WHERE THE WALL BLOCKS DIRECT RAINFALL AND LEAVES
- BRUNNERA 'JACK FROST'. SOURCE: GARDENERS' WORLD / BRUNNERA MACROPHYLLA 'JACK FROST' | BBC GARDENERS WORLD MAGAZINE
- A CLEAN, SHARP EDGE CAN BE MAINTAINED BETWEEN THE LAWN AND THE NEW BORDER BY USING A HALF-MOON EDGER ONCE OR TWICE A YEAR, ALLOWING THESE PLANTS TO SPILL OVER WITHOUT INVADING THE TURF.
- <LIST OF SUGGESTED PLANTS>
- WOULD YOU LIKE A PLANTING PLAN TO LAYOUT THESE PLANTS BY HEIGHT AND SPACING?

HOLIDAY ATTRACTIONS

- I AM DRIVING FROM BANFF TO KELOWNA.
WHAT ATTRACTIONS CAN I SEE ON THE WAY?

- DRIVING FROM BANFF TO KELOWNA VIA THE TRANS-CANADA HIGHWAY (HIGHWAY 1) AND HIGHWAY 97 IS ONE OF WESTERN CANADA'S MOST BREATHTAKING ROAD TRIPS. SPANNING ROUGHLY 480 KM, THIS ROUTE SEAMLESSLY GUIDES YOU FROM THE HIGH-ALTITUDE GLACIERS OF THE ROCKY MOUNTAINS INTO THE WARM, ROLLING ORCHARDS AND CRYSTAL LAKES OF THE OKANAGAN VALLEY.
- HERE ARE THE TOP ATTRACTIONS AND SCENIC STOPS TO EXPLORE ALONG THE WAY, ORGANIZED BY THE DISTINCT REGIONS YOU WILL PASS THROUGH



REMOVING A SINK

- I HAVE A WEINSBERG MOTORHOME AND NEED TO REMOVE THE SLIDING SINK. HOW CAN I RELEASE THE SINK FROM THE RAILS?

REMOVING A SINK

- RELEASING THE SLIDING SINK IN A WEINSBERG MOTORHOME COMES DOWN TO DISENGAGING THE HEAVY-DUTY TELESCOPIC RUNNERS IT GLIDES ON. THE TRACKING SYSTEM FEATURES BUILT-IN SAFETY STOPS ON BOTH RAILS TO ENSURE THE UNIT STAYS SECURE WHILE YOU ARE DRIVING, BUT THEY CAN BE EASILY BYPASSED ONCE YOU KNOW WHERE THE CATCHES ARE HIDDEN.
- THE REMOVAL PROCESS
- BEFORE YOU BEGIN, ENSURE YOUR WATER PUMP IS SWITCHED OFF TO AVOID ACCIDENTAL FLOODING IF A TAP MICROSWITCH GETS BUMPED.
- 1 EXTEND THE SINK FULLY
- SLIDE TO THE STOP
- SLIDE THE SINK ALL THE WAY TO ITS OUTER LIMIT OR END-STOP. THIS FULLY EXTENDS THE SILVER METAL RUNNER TRACKS SO YOU CAN GAIN ACCESS TO THE RELEASE MECHANISM.
- 2 LOCATE THE PLASTIC RELEASE CLIPS
- FEEL INSIDE THE TRACKS
- REACH INTO THE CENTER CHANNEL OF THE EXTENDED METAL

TIME ZONE CLARIFICATION

- I AM IN BANFF. WHEN IT IS 9AM IN BANFF, ALBERTA, WHAT TIME IS IT IN GOLDEN, BRITISH COLUMBIA?

TIME ZONE CLARIFICATION

- WHEN IT IS 9:00 AM IN BANFF, IT IS ALSO 9:00 AM IN GOLDEN, BRITISH COLUMBIA.
- EVEN THOUGH MOST OF BRITISH COLUMBIA IS IN THE PACIFIC TIME ZONE, GOLDEN IS ONE OF A FEW SOUTHEASTERN BC COMMUNITIES THAT CHOOSES TO OBSERVE MOUNTAIN TIME YEAR-ROUND TO STAY ALIGNED WITH ALBERTA

PASSPORT REQUIREMENTS

- I AM A BRITISH CITIZEN ABOUT TO VISIT CANADA. FOR HOW LONG AFTER MY DEPARTURE FROM CANADA DOES MY PASSPORT NEED TO REMAIN VALID?

PASSPORT REQUIREMENTS

- OFFICIALLY, CANADA DOES NOT REQUIRE ANY EXTRA CUSHION OF PASSPORT VALIDITY AFTER YOU LEAVE. TO ENTER THE COUNTRY, YOUR BRITISH PASSPORT ONLY NEEDS TO BE VALID FOR THE ENTIRE DURATION OF YOUR PLANNED STAY.
- UK PASSPORT CHECKER
- ONCE YOU DEPART CANADA, THERE IS NO LEGAL REQUIREMENT FOR THE PASSPORT TO REMAIN VALID FOR A SPECIFIC TIMEFRAME (SUCH AS 3 OR 6 MONTHS).

RECIPES

- I HAVE A STOCK OF POTATOES, ONIONS AND CHEESE. WHAT RECIPE CAN I USE THESE IN?

RECIPES

- WITH JUST POTATOES, ONIONS, AND CHEESE, YOU HAVE THE PERFECT FOUNDATION FOR A CLASSIC, COMFORTING CHEESY POTATO AND ONION BAKE (SIMILAR TO A FRENCH GRATIN OR A BRITISH PAN HAGGERTY). IT IS RICH, HEARTY, AND LETS THOSE THREE STAPLE INGREDIENTS DO ALL THE HEAVY LIFTING.
- <FULL INSTRUCTIONS GIVEN>

COCKTAILS

- I HAVE RUM, KAHLUA, BAILEYS AND COINTREAU. WHAT CAN I ADD TO THESE TO MAKE A VARIETY OF COCKTAILS?

COCKTAILS

- YOU ALREADY HAVE AN EXCELLENT FOUNDATION FOR A HOME BAR. YOUR INVENTORY COMBINES A SOLID SPIRIT BASE (RUM), A PREMIUM ORANGE MODIFIER (COINTREAU), AND TWO DECADENT DESSERT COMPONENTS (KAHLÚA AND BAILEYS).
- IN FACT, WITHOUT BUYING A SINGLE NEW INGREDIENT, YOU CAN ALREADY MAKE A CLASSIC B-52 SHOT (LAYERED KAHLÚA, BAILEYS, AND COINTREAU) OR A BABY GUINNESS (KAHLÚA TOPPED WITH A FLOATED LAYER OF BAILEYS).
- MANY MORE EXAMPLES GIVEN

PHONE NUMBERS

THE WEB SITES I SAW
WHEN ASKING FOR THE
RESTAURANT PHONE
NUMBER DIDN'T SHOW
THE PHONE NUMBER.

FORTUNATELY THE
AUTOMATIC AI
ANSWER, CALLED
SEARCH ASSIST, GAVE
ME THE ANSWER
IMMEDIATELY.

The screenshot shows a web browser window with the search query "great wall gosport phone number" in the address bar. The search results page features a "Search Assist" box at the top, which is circled in red. This box provides the answer: "The phone number for Great Wall Gosport is 023 9250 3388." Below this, two sources are listed: "greatwallmenus.com" and "Companies House". A "More" button is visible below the sources. The search results also include a link to "Great Wall Gosport Menu & Prices| Updated 2026" from "greatwallmenus.com" and a Facebook post for "The Great Wall | Gosport - Facebook".

great wall gosport phone number

Search Assist

The phone number for Great Wall Gosport is **023 9250 3388**.

greatwallmenus.com Companies House

More

Auto-generated based on listed sources. May contain inaccuracies. Was this helpful?

greatwallmenus.com
https://greatwallmenus.com › great-wall-gosport

Great Wall Gosport Menu & Prices| Updated 2026

Great Wall Gosport | Address | Phone Number | Menu Address 78 High St, Gosport PO12 1DS, United Kingdom

Facebook
https://www.facebook.com › greatwallgosport

The Great Wall | Gosport - Facebook

1 May 2026 · The Great Wall, Gosport. 1,584 likes · 9 talking about this · 11,583 were here. Chinese Restaurant

4.3/5 ★★★★★ (422) 1K followers 412 likes

BARBECUE BAN

- DOES THE CURRENT NEW FOREST BARBECUE BAN INCLUDE THE TOWN OF BEAULIEU?

BARBECUE BAN

- YES, THE TOWN OF BEAULIEU IS COVERED BY THE STRICT BARBECUE AND FIRE BANS ACTIVE ACROSS THE AREA.
- UNDER THE PUBLIC SPACES PROTECTION ORDER (PSPO) MANAGED BY THE NEW FOREST DISTRICT COUNCIL AND THE NATIONAL PARK AUTHORITY, THE LIGHTING OF CAMPFIRES, BARBECUES (INCLUDING DISPOSABLE ONES), AND ANY OUTDOOR TEMPORARY COOKING EQUIPMENT OR STOVES IS COMPLETELY BANNED ON ALL OPEN FOREST LAND, VERGES, AND PUBLIC CAR PARKS.
- NEW FOREST DISTRICT COUNCIL
- HERE IS HOW THE RULES APPLY SPECIFICALLY TO BEAULIEU AND THE SURROUNDING AREA:
- PUBLIC & OPEN FOREST SPACES: YOU CANNOT USE A BARBECUE OR STOVE ANYWHERE ON THE OPEN LAWNS, GRAVEL TRACKS, RIVERBANKS, OR FORESTRY ENGLAND CAR PARKS AROUND BEAULIEU. THIS INCLUDES THE POPULAR OPEN AREAS WHERE THE NEW FOREST PONIES AND DONKEYS ROAM FREELY.
- VEHICLES AND CAMPERVANS: IF YOU ARE VISITING THE AREA IN A MOTORHOME OR CAMPERVAN, YOU ARE PERMITTED TO USE YOUR BUILT-IN, INTERNAL GAS COOKING FACILITIES, BUT THE COOKING CANNOT EXTEND OUTSIDE THE VEHICLE. SETTING UP A PORTABLE BARBECUE OR GAS STOVE ON A TABLE RIGHT NEXT TO YOUR VEHICLE IN A PUBLIC CAR PARK IS A BREACH OF THE ORDER.

TRIM A REPORT

- AUTO BIOGRAPHY OF ASSOCIATION MEMBER
- TOO LONG TO READ AT AGM
- 1. HOW LONG WILL IT TAKE TO READ?
- 2. TRIM THIS REPORT SO IT TAKES TWO MINUTES TO READ

TRIM A REPORT

- BASED ON THE TEXT PROVIDED, HERE IS A BREAKDOWN OF THE READING TIME:
- WORD COUNT: THE DOCUMENT CONTAINS APPROXIMATELY 910 WORDS.
- AVERAGE READING SPEED: AN AVERAGE ADULT READS TEXT AT ABOUT 200 TO 250 WORDS PER MINUTE (WPM).
- ESTIMATED READING TIME
- TYPICAL READ: 4 TO 5 MINUTES
- SKIM / QUICK READ: 3 MINUTES

TRIM TO TWO MINUTES OF READING

- “HERE IS A TRIMMED VERSION OF THE TEXT FROM "WALTER BROWN.DOCX", CUT DOWN TO APPROXIMATELY 425 WORDS TO COMFORTABLY FIT A TWO-MINUTE READING TIME WHILE RETAINING THE CORE STORY OF WALTER'S IMPRESSIVE SAILING BACKGROUND.”

MODIFY PHOTOS

- I HAD THE PHOTO OF BOATS ON THE SAND. WHEN ASKED, SI CHANGED THE BOATS INTO SEALS. (THIS WAS FOR THE “SEAL SAILING ASSOCIATION, JUST FOR FUN”).

Parker and Seal Sailing Association



Before



After

DESIGN AN ITINERARY

- HELP ME PLAN A THREE DAY ECONOMICAL STAG EVENT, FOR TEN PEOPLE, STARTING IN THE UK AND TRAVELLING ABROAD

STAG DO ITINERARY

- TO PULL OFF AN UNFORGETTABLE, BUDGET-FRIENDLY, THREE-DAY STAG WEEKEND FOR TEN LADS STARTING FROM THE UK, THE STRATEGY IS SIMPLE: MINIMIZE TRAVEL TIME/COSTS AND MAXIMIZE DESTINATION AFFORDABILITY.
- HERE IS A BLUEPRINT FOR AN ECONOMICAL, HIGH-ENERGY STAG ITINERARY, FEATURING TWO TOP-TIER BUDGET DESTINATIONS AND A CUSTOMIZABLE THREE-DAY SCHEDULE.
- **DESTINATION SHORTLIST**
- TO KEEP COSTS LOW, YOU WANT CITIES WITH CHEAP BUDGET FLIGHTS (RYANAIR, EASYJET, WIZZ AIR) AND A LOW "PRICE PER PINT."
- 1. KRAKOW, POLAND (THE BUDGET KING)
- WHY: INCREDIBLY CHEAP FOOD, ACCOMMODATION, AND NIGHTLIFE, WITH A MASSIVE CENTRAL SQUARE WHERE EVERYTHING IS WALKABLE.
- AVERAGE PINT: £2.00 – £3.00
- VIBE: HISTORIC, LIVELY, AND COMPACT.
- 2. BUDAPEST, HUNGARY (THE EXPERIENCE CHOICE)
- WHY: FAMOUS FOR ITS UNIQUE "RUIN BARS" (ABANDONED WAREHOUSES TURNED INTO MASSIVE ECLECTIC PUBS) AND THERMAL BATHS FOR RECOVERY.
- AVERAGE PINT: £2.50 – £3.50
- VIBE: GRITTY, COOL, AND CHAOTIC IN THE BEST WAY.
- **THE "MAXIMUM VALUE" 3-DAY ITINERARY**

IMPROVE EMAILS AND REPORTS

- MAKE THIS EMAIL TEXT MORE FORMAL
- “DEAR SIR, I HAVE NEVER WITNESSED SUCH A RUDE, SELF-CENTERED AND UNLAWFUL PRESIDENT OF THE UNITED STATES. I CANNOT WAIT TO SEE THE BACK OF YOU, YOU SACK OF EXCREMENT”

IMPROVE EMAILS AND REPORTS

- DEAR MR. PRESIDENT,
- I AM WRITING TO FORMALLY EXPRESS MY DEEP DISAPPOINTMENT REGARDING YOUR ADMINISTRATION'S CONDUCT AND LEADERSHIP STYLE. IN MY VIEW, THE ACTIONS AND RHETORIC DEMONSTRATED DURING YOUR TERM HAVE FALLEN SHORT OF THE DECORUM, RESPECT, AND ADHERENCE TO THE RULE OF LAW EXPECTED OF THE OFFICE OF THE PRESIDENT.
- I LOOK FORWARD TO THE UPCOMING CONCLUSION OF YOUR TERM AND THE TRANSITION TO NEW LEADERSHIP.
- SINCERELY,

TRANSCRIBE VIDEO CALLS

- LET GEMINI LISTEN TO YOUR CALL. WHEN FINISHED, IT GENERATES A WRITTEN REPORT.

WHERE TO PARK?

- WHERE CAN I PARK A 5.88 METRES LONG MOTORHOME FOR THE DAY IN INVERNESS?

I asked this question in Scotland in March. It gave me a choice of three car parks which made motorhome parking easy. So helpful.

QUESTIONS?

- NEXT STEPS
- TRY GEMINI OR ANOTHER AI TOOL
- WHENEVER YOU ARE STUCK, TRY AI.
YOU WILL SOON SEE THE BENEFITS.

DIFFERENT TOPIC: U3A
PLEASE HELP

- WOULD YOU BE ABLE TO DELIVER A FUTURE SESSION?
- WOULD YOU LIKE TO REQUEST A FUTURE TOPIC?

NEXT MEETING – LAST UNTIL AUTUMN

<p>Tue 14 Jul 2026 2-4pm</p> <p>Beginner topic</p>	<p>Introduction to Canva – a free and easy way to create visually appealing graphics.</p>	<p>Beginners Intermediates Windows PC Apple Mac Linux</p>	<p>This is a session for beginners and intermediates</p> <p>Canva is a free to use and brilliant way to create eye catching graphics designs, especially useful for casual users, like me. Use it to quickly put together event invitations, promotional flyers, event posters, slides for presentations, business cards, infographics, book covers and more. You access Canva using your web browser on any device with a decent sized screen.</p> <p>Speaker: Ken</p>
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THANKS

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THANKS

THANKS

FOR COMING

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